

**Drowning in Debt?
We Can Help!**



W|B|L|I
INCORPORATED
TRUSTEE IN BANKRUPTCY

902 482 2000 • 4debtrelief.com

**BRAD SUSPENDED
MARCHAND TO MISS
FIVE GAMES FOR HIT
ON CANUCK** {page 16}



UP TO BAT
**BLUE JAYS
COMING TO
HALIFAX** {page 4}



HALIFAX

metro®

Tuesday, January 10, 2012
www.metronews.ca



News worth sharing.

Bus-audio debate cranked up

► CNIB says annunciation system could help many of its 2,393 visually impaired clients in HRM ► Improvements would also be helpful for tourists and passengers unfamiliar with stops

RYAN TAPLIN/METRO

► Peter Parsons, with the Canadian National Institute for the Blind, at Mumford Terminal in Halifax on Monday.



Next time you're waiting for a bus, close your eyes. For many visually impaired people, riding on transit is just that challenging and stressful.

For years, organizations like the Canadian National Institute for the Blind (CNIB) and Coun. Jerry Blumenthal have pushed for an audio annunciation system for Metro Transit.

The system would announce arriving buses at terminals and approaching stops to passengers.

"For a long time, they haven't been doing what they should be doing, which is working for the visually impaired," Blumenthal said.

On Monday, the Metro Transit Universal Accessibility Plan, a \$300,000 report, was discussed at the transportation standing committee. An annunciation system was briefly mentioned in the document, but the consultants suggest "both audible and visual announcements should be used on the buses, vessels and terminals."

Dave Reage with Metro Transit told the committee there are many new pieces of technology out there, and next year they're going to do a technology road map to come up with "strategic recommendations."

"At the end of the day, to do all of them at once is very expensive,"



"I know it's money problems, but if they want to make transit work, they have to make sure they do something for the visually handicapped."

COUN. JERRY BLUMENTHAL

he said.

The CNIB's Peter Parsons used to teach visually impaired people how to take the bus.

He says it's a challenge to figure out which bus is approaching a stop, especially at a busy terminal like Scotia Square or Mumford. And after finding a seat, a visually impaired person needs to rely on the driver to announce the stop.

"So I think it's something the drivers would be happy to take that (responsibility) off of them," Parsons said of the plan.

HRM staff is currently working on a report on an annunciation system, including the price tag, which Blumenthal said he expects to be in the millions.

● JENNIFER TAPLIN



**How's that resolution to work
less and golf more coming along?**

A new house on a Tom McBroom golf course would help.

Exit # 3 off the 103. Display Centre open Saturday and Sunday, 1 until 5

A SERIES OF PLACES



Brunello Estates

brunelloestates.com

1
news

Holidays ruined because you were miserably ill? You're not alone and experts say there's lots of time to get sick again. Scan the code for the story.

- 1 Download the free ScanLife app with your smartphone at 2dscan.com
- 2 Use your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



An Israeli politician caps a heated argument with a colleague by dumping a glass of water on him. Watch at metronews.ca/video

Follow us on Twitter
@metrohalifax

ACOA to announce forestry initiative

The Atlantic Canadian Opportunities Agency is expected to announce support for the region's struggling forestry sector on Tuesday.

ACOA Minister Bernard Valcourt will be in Amherst this morning to announce a new initiative aimed at growing the region's forestry sector by two per cent a year, Metro Halifax has learned.

The Atlantic Canada Wood Works Initiative, an extension of a national program headed by the

Canadian Wood Council, intends to do that by promoting economic and environmental benefits of using wood for non-residential construction.

"Atlantic Canada is second only to British Columbia in its dependency on the forest sector," said Diana Blinkhorn of the Maritime Lumber Bureau, which will lead the initiative. "(So) we are focusing on utilizing locally produced material in a much expanded way."

Blinkhorn said wood is

used in about 95 per cent of residential construction in Atlantic Canada, but for only about five per cent of non-residential construction.

"There's a tremendous opportunity for growth," she said.

Details on ACOA's involvement in the initiative were scant Monday. Spokesman Kevin Dubé indicated all will be revealed at Valcourt's press conference at 8:45 a.m.

But Blinkhorn said the initiative will work direct-

ly with municipalities, architects, engineers and provinces, with the end goal of increasing the consumption of locally produced wood in the region.

If successful, it could provide some measure of stability to an industry that has had its share of difficulty in Nova Scotia.

The province recently committed \$50 million to keep the Bowater Mersey pulp and paper mill in Liverpool running for five years. That's on top of \$15 million in silviculture



► Bernard Valcourt

funding for the Port Hawkesbury region, where the NewPage mill remains in a holding pattern.

● ALEX BOUTILIER

Seat loss fear premature: Minister

► Steele sidesteps questions on Acadian representation



ALEX BOUTILIER
@METRONEWS.CA

Graham Steele says it's up to an independent commission to consider the fate of Acadian representation in an upcoming electoral-boundary review.

And the minister responsible for Acadian Affairs said fears over the "loss" of the three Acadian-designated ridings are premature.

"The legislative committee has adopted a variation of 25 per cent, which is as large or larger than any variation allowed (in Canada)," said Steele, speaking at the unveiling of a new Acadian licence plate Monday in Lower Sackville. "The choices about how to recognize Acadian within those guidelines is up to the independent commission."

The province is required

"The bottom line is how are minorities going to continue to have their voices heard in the legislature? It concerns us greatly."

RON ROBICHAUD, LA FÉDÉRATION ACADIENNE DE LA NOUVELLE-ÉCOSSE

by law to undertake a boundary review every 10 years. The review is undertaken by an arm's-length commission, the terms of reference decided by an all-party committee of the legislature.

That committee said in December the number of electors in each riding must fall within 25 per cent of the average. That's an issue for the Acadian ridings of Clare, Argyle and Richmond, as well as the



► NDP cabinet ministers, from left, Dave Wilson, John MacDonell and Graham Steele watch as Ron Robichaud, president of Fédération acadienne de la Nouvelle-Écosse, attaches a new Acadian licence plate on his car in Lower Sackville on Monday.

African Nova Scotian riding of Preston, which have significantly fewer electors than other ridings.

Opposition parties and Acadian groups have expressed concern that re-

quiring the 25 per cent variance effectively kills those ridings — Preston, for example, has about half the number of electors as neighbouring Dartmouth East.

"We see this as a great defeat for the community. It's four steps back," said Ron Robichaud, president of La Fédération acadienne de la Nouvelle-Écosse, Monday.

Teen charged in shooting to wait longer in N.S. jail

The male teen charged in a New Year's Day shooting at a bus terminal in Dartmouth will be spending at least another two weeks behind bars.

Jerrell Ervin Shephard, 18, made a brief court appearance on Monday after being arrested on Friday for attempted murder in

the shooting of a 16-year-old teen at the Metro Transit terminal by the Dartmouth Sportsplex in the early morning hours of Jan. 1.

The case was adjourned until Jan. 16 for a bail hearing. Shephard has been remanded to the Central Nova Correctional Facility

Shooting

► Police believe the victim was walking with friends when someone approached him and shots were fired.

in Burnside until then.

● METRO

News in brief

Halifax police nab impaired drivers

Halifax Regional Police charged 62 men and eight women with impaired driving last month.

According to police, 25 of those charges in December were the result of citi-

zens calling in erratic driving, while 15 were laid after collisions and 30 were identified during routine patrols. Only one case involved impairment by drugs. While the majority of people complied with a breathalyzer test, 14 were charged for failing to do so. Police also suspended 23 drivers for having blood alcohol levels between 0.05 and 0.08 mg.

The legal limit in Nova Scotia is 0.08 mg.

● METRO

Council to look at two office-building projects

► Parking, traffic wouldn't be impacted by three-storey addition to the former Bay Chebucto Road: HRM staff ► Public hearings would be held



► The former Bay building on Chebucto Road in this photo taken on Sunday.



JENNIFER
TAPLIN
@METRONEWS.CA

Greek restaurants are a dime a dozen on Quinpool Road, but tall buildings are more uncommon.

The company, listed as 22277770 Nova Scotia Limited, which owns the two-storey building at 6112 Quinpool Rd., is asking for council's permission to amend height restrictions. They want to build an eight-storey mixed-use development on the site.

And they're not alone in making rule-breaking requests to council.

Eurofax Properties Incorporated, which bought the old Bay building on

Chebucto Road last April, is also asking council to make an exception. They want to add three storeys of office space on top of the two existing floors.

CompuCollege is going into the current space, but it's the three extra, glass-encased floors that need approval. The current policy for this area, adopted in the 1970s when there was concern about office buildings moving away from downtown, states emphatically "major offices and hotels should be discouraged from locating in these centres."

But HRM staff said times have changed and office buildings are all over the municipality

Site survey

► The site of the proposed Quinpool Road development is now a two-storey building with Cycle-smith and Tim Hortons, among other retail tenants, on the lower floor.

now.

"Based on a preliminary review of these matters, staff believes that the changes to the existing building and the proposed addition should be viewed favourably by neighbourhood residents from an aesthetic perspective," a staff report being presented to Halifax regional

council on Tuesday night reads.

Also, staff says traffic wouldn't be impacted and the existing parking structure would accommodate the proposed addition.

While the former Bay development is strictly office space, the Quinpool development consists of retail and residential units. It would also have a landscaped rooftop and two levels of underground parking.

"The proposed building provides an opportunity to consider the merits of this individual project as a precursor to such future comprehensive planning for the Quinpool Road area," reads the report.

solute maximum value."

She said she's also glad there will be retail spots included as she doesn't want to lose the current tenants.

► JENNIFER TAPLIN

Proposed development 'good news' for businesses

The Quinpool project gets a big thumbs-up from Karla Nicholson, general manager of the road's business association.

"It's an exciting development and any develop-

ment of that magnitude is good news for Quinpool Road," she said, adding it would be the third tallest building on the street next to Atlantica Hotel and an apartment build-

ing.

"I like the parking aspect and I like the idea that it's eight storeys. I think that's the way to go, the way of the future to use the property to its ab-

U.S. biologist to deal with coyote issue

Parks Canada plans to pay an American biologist \$100,000 to come up with a plan to reduce encounters between people and coyotes in Cape Breton Highlands National Park.

The proposed contract announced Monday comes more than two years after a young Toronto woman was mauled to death by coyotes while hiking alone in the park. Taylor Mitchell's death on Oct. 28, 2009, marked the first recorded fatal coyote attack in Nova Scotia, and only the second in North America.

Ten months later, an unidentified 16-year-old Nova Scotia girl was bitten twice on the scalp as she slept outside at one of the park's campgrounds. The girl needed stitches to close her wounds.

The maulings were among several coyote attacks across Nova Scotia that prompted the province to offer a \$20 bounty for coyote pelts. About 2,600 of the province's 8,000 coyotes were trapped last season for the bounty.

The federal government's two-year project in Cape Breton will include live-trapping coyotes in the park and tracking them with glob-



► Taylor Mitchell was mauled to death by a coyote in 2009.

al positioning system collars.

Parks Canada says the contract will be awarded to Stan Gehrt at the Max McGraw Wildlife Foundation in Dundee, Ill., unless a better bid comes forward in the next two weeks.

"In the last 15 years there has been an increase in conflict between coyotes and humans, both in frequency and severity," the agency said in an advance contract notice posted Monday on the federal government's online tendering service.

"The primary objectives are to change the behaviour of coyotes so as to reduce conflict between coyotes and humans."

Gehrt's project is to be completed by April 2014.

THE CANADIAN PRESS

No probe into coyote carcasses

Nova Scotia's Department of Natural Resources says it won't investigate the discovery of three coyote carcasses in a brook over the weekend in Yarmouth.

A spokesman for the department says although the disposal of the animals may have been in bad form, the brook is not a drinking source and their remains will naturally decompose.

A woman walking on Regent Street in Yarmouth on Sunday morning discovered the carcasses, which were skinned with their front paws cut off.

Department spokesman Bruce Nunn says officials won't remove the carcasses and won't launch an investigation into what happened.

He says the skinning and dismemberment of the animals is in line with trapping practices, but the department recommends disposing of carcasses in more secluded areas.

THE CANADIAN PRESS

Jays catcher 'pumped' about Halifax visit

► Toronto Blue Jays Winter Tour coming to town Thursday for all-day visit
► Lineup includes catcher J.P. Arencibia, former all-star Roberto Alomar

JESSICA SMITH/METRO OTTAWA



► Toronto Blue Jays third baseman Brett Lawrie, right, pretends to interview catcher J.P. Arencibia at the Chateau Laurier in Ottawa on Monday.



PHILIP
CROUCHER
@METRONEWS.CA

Some members of the Toronto Blue Jays are coming to town this week and excitement is building amongst the players.

Well, at least from its starting catcher.

"I'm pumped.... I've heard the people in Halifax are first, first class," J.P. Arencibia said in Ottawa on Monday.

"They say that they're the best — really nice people. So I'm looking forward to that because I like nice people."

The Blue Jays are touring select cities in Eastern Canada all this week and have a full day of events scheduled in Halifax on Thursday.

The itinerary includes a visit to St. Stephen's Elementary School in the morning to preach the importance of healthy living to students, then a stop at CFB Halifax just before noontime.

Fans will have access to

"I heard it has a lot of bars. I guess that's cool. Really, we're going out there to meet our fans, have a good time."

TORONTO BLUE JAYS CATCHER J.P. ARENCIBIA

the players during an autograph session between 5:30 and 6:30 p.m. inside the Halifax Metro Centre prior to a QMJHL game between the Mooseheads and Drummondville Voltigeurs.

To attend the session, fans must purchase a ticket to the 7 p.m. game. Three current and one former Blue Jay will be coming to Halifax and be taking apart in a ceremonial faceoff prior to the game.

Joining Arencibia in Halifax will be starting pitcher Brett Cecil, outfielder Eric Thames and former all-star

second baseman — and recent Hall of Fame inductee — Roberto Alomar.

"If you're going to go out and make an effort to reach out to these communities, you want to make sure you are well represented, as well. It's imperative you have some star power out there," said Mal Romanin, who works in the Blue Jays media department "You don't want to have your 25th man on the roster representing everybody.... And trust me, the guys love it."

This winter Jays tour kicked off last year with

the players visiting western Canadian cities. It's the East's turn this year, with Halifax one of two Atlantic Canadian stops. The players will leave Halifax on Friday for St. John's.

"There's a lot of fans out there, which is indicative of the TV ratings, so we felt it imperative to get out and see the rest of the country and meet with some of the fans," Romanin said.

Missing the action

- While Halifax gets Roberto Alomar, we are missing out on two up-and-coming stars for the Blue Jays.
- Third-baseman Brett Lawrie and pitching ace Ricky Romero were a part of the tour on Sunday and Monday in Ottawa, and will be in Montreal on Tuesday, but they aren't coming out to the East Coast.
- Alomar is joining the tour in Halifax and will also be in St. John's.
- Sportsnet's Jamie Campbell will also be a part of the tour in Halifax.



► Brett Cecil



► Eric Thames



► Roberto Alomar

Drug mule gets jail time

A 52-year-old Sackville man who acted as the courier in a prescription-drug-trafficking operation is heading to prison for two years.

Kenneth Leroy Culleton was sentenced for drug trafficking in Supreme Court in Summerside Monday morning.

Culleton was caught last April coming off the Confederation Bridge with 200 30-milligram hydromorphone pills — what are commonly referred to on the street as "Big Reds."

"Trafficking heroin, morphine, is one of the most serious and heinous crimes in the Criminal Code. It promotes ongoing

crimes. It victimizes users. It ruins lives. Mr. Culleton, as a former user, you should know that," said Justice Ben Taylor in sentencing Culleton. "You are ruining people's lives. It is necessary to separate those people from society, to denounce this horrible crime ... to deter the drug dealers."

Following a lengthy undercover investigation by the Prince District joint forces operation drug unit, Culleton was arrested on Prince Edward Island.

Culleton co-operated with police after his arrest and has no previous related record.

JOURNAL PIONEER

CATCH OF THE DAY

Fishermen vow to hold lobsters if the price isn't right

A newly formed group that wants better prices for lobster in Nova Scotia says a growing number of fishermen are expressing interest in their cause.

The group says they will hold their lobsters as of 12:01 a.m. Wednesday if they don't receive at least \$5.50 a pound.

Organizer James Mood says it's time lobster fishermen took back control of their industry.

Mood says more fishermen have indicated they want to join the group, which was formed last week in Barrington.

He says the public should understand the plight of the lobster fishery.

The group plans to hold a public meeting Wednesday at the Rodd Grand hotel in Yarmouth.

THE CANADIAN PRESS

Series of break-ins leads to teen arrest

Police arrested a teenager in relation to one of several break-ins in Halifax.

Over the past three weeks, 10 residences in the Barrington Street, Duffus Street and Memorial Drive area were broken into.

Police say a suspect or suspects entered the houses through a back window or unlocked door. Police arrested a 16-year-old boy in relation to one case and police are still investigating the others.

● METRO

Brit Floyd tickled pink to play Halifax

Fans of Pink Floyd can get comfortably numb in Halifax on March 5.

Brit Floyd, a Pink Floyd cover band, will play Halifax's Rebecca Cohn Auditorium on March 5.

The cover band — billing itself as the world's greatest Pink Floyd show — will perform a selection of the British band's greatest hits.

Tickets cost \$49, and are available at the Rebecca Cohn box office.

● METRO

Accused mom testifies at Shafia trial

► Tooba Yahya is facing trial in a case prosecutors allege was a so-called honour killing

A woman accused of killing her three daughters and her husband's other wife suggested Monday that one daughter tried to commit suicide because of a pair of pants, and not because she was deeply unhappy at home.

Tooba Yahya, 42, on trial in Kingston, Ont., along with her husband and son, took the stand as the Shafia family murder trial resumed after the holidays. In often rambling testimony punctuated by heavy sighs, she denied that any of the four victims of what prosecutors allege was a so-called honour killing were treated poorly or abused. Court has heard evidence to the contrary.

Yahya, Mohammad Shafia, 58, and their eldest son, Hamed, 21, are accused of killing four female relatives over family honour, pushing them into a canal in a car and drowning them. They have each pleaded not guilty to four

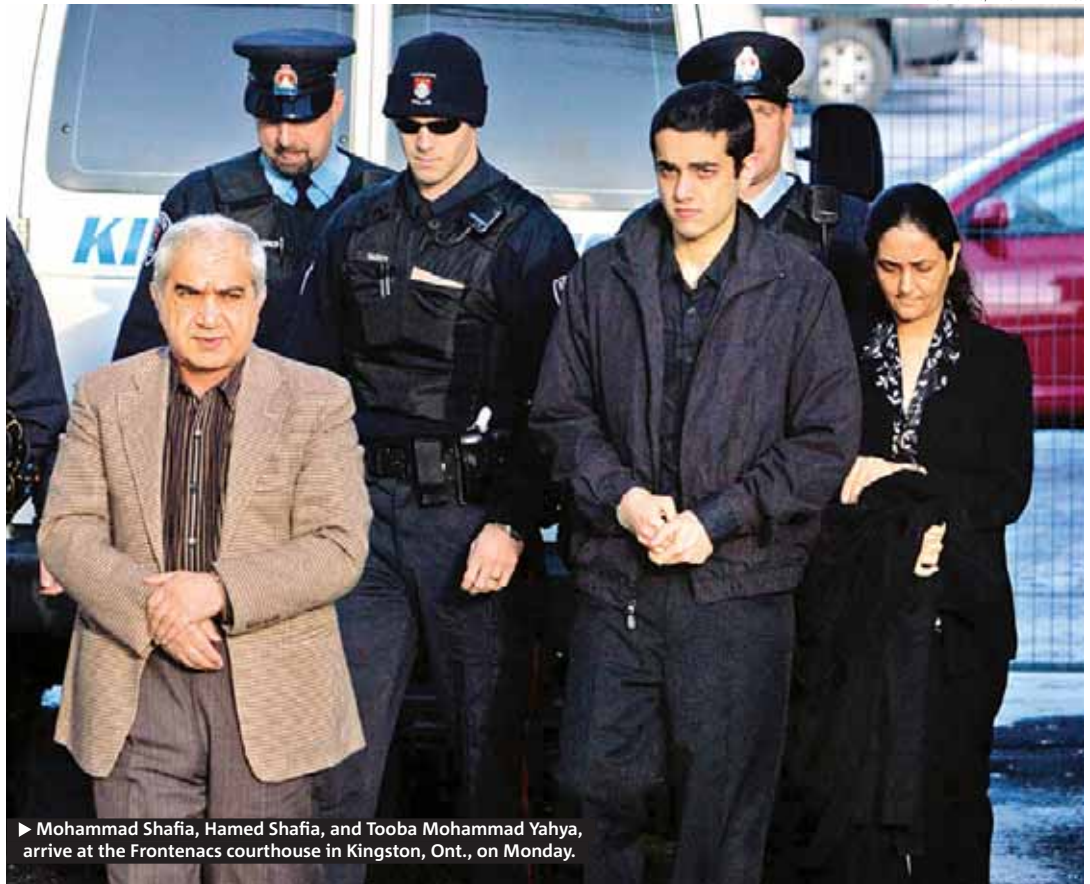
In court

► Tooba Yahya, 42, Mohammad Shafia, 58, and their eldest son, Hamed, 21, have each pleaded not guilty to four counts of first-degree murder.

► The Crown alleges that Shafia in particular was upset that the girls were dating and telling authorities they didn't feel safe at home, and that they were killed to restore family honour.

counts of first-degree murder.

Shafia sisters, Zainab, 19, Sahar, 17, and Geeti, 13, along with Rona Amir Mohammad, 52, Shafia's first wife in a polygamous marriage, were found in a car at the bottom of a canal in Kingston, Ont., on June 30, 2009, when the Montreal family was heading home after a trip to Niagara Falls, Ont. **THE CANADIAN PRESS**



► Mohammad Shafia, Hamed Shafia, and Tooba Mohammad Yahya, arrive at the Frontenacs courthouse in Kingston, Ont., on Monday.

Tourist lives to tell tale of bungee-jump mishap

An Australian tourist bungee jumping in Africa plunged 111 metres into a river when her cord snapped, but she managed to swim to safety with a broken collarbone and her legs tied together.

Erin Langworthy told Nine Network television news Sunday that she blacked out briefly when she hit the Zambezi River on the border of Zambia and Zimbabwe on Dec. 31.

"I felt like I'd been



► Erin Langworthy, 22, of Perth, Australia, bungee jumps over the Zambezi River on Dec. 31 in Victoria Falls, Zimbabwe.

slapped all over," the 22-year-old from Perth said.

Video taken of the jump shows the cord snapping and Langworthy smacking into the river before the current pulled her into rapids.

"You get sucked under and then you pop up, so it's very disorienting — I didn't know which was up or down," she said.

She said the trailing cord repeatedly snagged, so she "had to swim down and



To watch the video, scan the code or go to metronews.ca.

yank the bungee cord out of whatever it was caught on to make it to the surface."

Langworthy swam through the rapids to reach

the Zimbabwe bank.

Southern Province Police Commissioner Brenda Muntemba told the Post Zambia newspaper that Langworthy was treated at a clinic in Zimbabwe before being evacuated to South Africa.

The jump from the Victoria Falls Bridge is operated by Safari Par Excellence, whose website describes the bungee experience as "111 metres of pure Adrenalin!" **THE ASSOCIATED PRESS**

Suspects arrested in Tim Hortons thefts

Two men have been arrested following overnight thefts at five Tim Hortons restaurants in the Toronto area in which debit machines were stolen from

drive-thru windows.

Two suspects, both aged 20, were arrested. Between them, they face 48 theft-related charges.

TORSTAR NEWS SERVICE

Cops facing a tongue twister

Authorities in Wisconsin are facing a tongue twister thanks to the arrest of Beezow Doo-Doo Zopittybop-Bop-Bop. **THE ASSOCIATED PRESS**



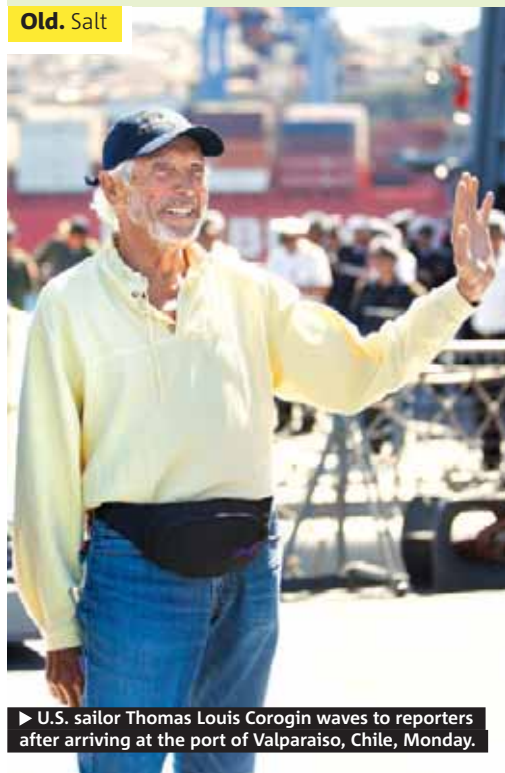
► Beezow Doo-Doo Zopittybop-Bop-Bop

Man allegedly stole from dead woman

An Ontario man is facing charges after allegedly taking a woman's purse as she lay dead following a hit-and-run.

The 20-year-old woman was struck and killed early last Sept. 18 as she was crossing a street in Hamilton. **THE CANADIAN PRESS**

Old. Salt



► U.S. sailor Thomas Louis Corogin waves to reporters after arriving at the port of Valparaíso, Chile, Monday.

ROBERTO CANDIA/THE ASSOCIATED PRESS

No longer all at sea

Thomas Louis Corogin put out an emergency distress signal on Jan. 2 after cracks in his mast made it impossible for him to raise his sails. The 84-year-old American sailor is in good condition after Chile's navy rerouted a Japanese merchant ship to his location.

News in brief

Bomb-plot suspect arrested

FLORIDA. A 25-year-old man from the former Yugoslavia was charged with an alleged plot to attack crowded locations in the Tampa area, including nightclubs, with a car bomb, assault rifle and other explosives, federal authorities said Monday.

The U.S. Department of Justice announced the arrest of Sami Osmakac, whose first appearance in federal court was scheduled for Monday afternoon.

Authorities say Osmakac is a naturalized U.S. citizen who was born in the former Yugoslavia. He has been charged with one count of attempted use of a weapon of mass destruction. **THE ASSOCIATED PRESS**

Threats left on dumped bodies

MEXICO. Police in western Mexico have found 13 bodies at a gas station in the state of Michoacán. Michoacán is home base to The Knights Templar cartel, a pseudo-religious gang specializing in methamphetamine production, drug smuggling, extortion and other crimes.

THE ASSOCIATED PRESS

Celeb chef too posh to pay?

BRITAIN. A celebrity chef apologized on his website Monday after he was caught shoplifting from a supermarket. Antony Worrall Thompson was arrested Friday after reportedly stealing cheese and wine from a Tesco store in the posh riverside town of Henley-on-Thames, west of London. **THE ASSOCIATED PRESS**

'Why, Oscar?' mom asks

► Hundreds of people attend funeral of Canadian who died in police custody while visiting Grenada ► Five officers charged with manslaughter

A Toronto man allegedly beaten to death by police in Grenada was remembered Monday as larger than life.

Grenada's prime minister was among the attendees at a funeral for Toronto resident Oscar Bartholomew.

The 39-year-old died in police custody after his arrest on Boxing Day.

The death of Bartholomew, who was visiting his homeland over Christmas, has evoked outrage and sympathy.

As a result, his funeral in the hamlet of Crochu has garnered widespread attention throughout the tiny country.

Dolette Cyr Bartholomew, his wife of 10 years, sat stoically in the church with her



► Oscar Bartholomew's mother Andrianne, 71, at her son's casket during his funeral Monday in Crochu, Grenada.

COLIN PERKEL/THE CANADIAN PRESS

daughter Melanie, who brushed away tears during the service.

Father Anthony Marfo Dwomo spoke of forgiveness during his homily while others remembered Bartholomew as a man who was larger than life and loved his family.

Roslyn Charles, a friend from Toronto, recalled Bartholomew as "quiet" and hard-working.

"I've never seen this guy in any trouble," Charles said.

Earlier, Bartholomew's mother Andrianne had to be restrained by relatives

at his open casket as she wept, "Why, Oscar?"

Bartholomew's death has also highlighted claims from those who say Grenada suffers from a systemic problem with poorly trained and poorly disciplined police.

Monday, some relatives erupted in anger as uniformed police, outside to keep order during the funeral, went into the church. The officers were forced to leave.

THE CANADIAN PRESS

"One hopes that, out of this, some light will be shed on the whole aspect of police brutality."

TREVOR BARTHOLOMEW, DECEASED'S COUSIN

Apocalypse 'absolutely not near': Expert

Are you sweating over recent dire predictions that the end of the world is upon us?

Relax, because according to one expert, we have at least 500 million years to worry about the problem.

Colin Goldblatt is confidently making plans for late December, despite the fact the Mayan calendar runs out Dec. 21, 2012.

The calendar is the basis for the 2009 catastrophe movie 2012, which sees the Earth battered by natural disasters.

But Goldblatt, a professor at the University of Victoria's School of Earth and Ocean Sciences, believes science and not science fiction will reveal the real apocalyptic end to life and Earth.

His theory hinges on what scientists know about the atmosphere, geology and other planets to make a more accurate prediction. **THE CANADIAN PRESS**

Rwandan seeks delay of expulsion from Canada

PAUL CHIASSON/THE CANADIAN PRESS

A Rwandan man who has fought for years to stay in Canada is making a last-ditch legal plea to stave off deportation.

Leon Mugesera's lawyer will be in Federal Court today seeking a judicial review and a delay of Thursday's scheduled expulsion.

The Quebec City man is accused of helping to incite Rwanda's massacres by delivering a 1992 speech that promoted the genocide of ethnic Tutsis.

Hutu-backed militias led the 100-day massacre of Tutsis and Hutu moderates in 1994, killing between 800,000 and one million Rwandans.

Mugesera has lived in Quebec since 1993 and says he fears for his life if he is returned to Rwanda.

He is demanding that any allegations against him be heard in Canada.

Lawyer Johanne Doyon will argue on his behalf.

Mugesera encouraged Hutus in 1992 to fight back against Tutsis, referring to them as cockroach-



► Leon Mugesera arrives with his wife Jemma at Federal Court in Montreal on Monday.

es and calling for their extermination.

A warrant was issued for his arrest but he fled to Canada and quickly gained permanent resident status.

Mugesera has been fighting Canadian authorities since 1995.

Two Canadian immigration tribunals upheld decisions to deport him but the Federal Court of Appeal overruled their decision.

Federal lawyers argued the case right up to the Supreme Court of Canada, which ordered his deportation in 2005.

They ruled in a unanimous verdict there were reasonable grounds to believe Mugesera had committed a crime against humanity.

Canada has been reluctant to deport Mugesera in the past because he could have faced the death penalty in Rwanda.

However, Rwanda dropped the death penalty for convicted war criminals in 2007.

A final decision against Mugesera was rendered in December that declared his life would not be in danger if he were returned. **THE CANADIAN PRESS**

Business outlook hits a low point: Survey

► For first time in almost 3 years, firms expect sales to slow over next year ► But plans to hire have increased

Canadian businesses are becoming more pessimistic about the economy and their future prospects for sales both at home and in foreign markets, the Bank of Canada said Monday.

The central bank's survey of senior management at 100 representative firms shows confidence is well off post-recession highs across the broad spectrum of issues — from sales expectations to investment and hiring intentions, to their ability to pass through their costs to customers.

It is difficult to say whether business executives are the most pessimistic since the recession because the question posed is relative to the past year,





but the central bank notes the result suggests firms are more worried about selling their products into the softening demand globally and domestically.

In the survey, 41 per cent said they expected their sales pace to slow, as opposed to 37 per cent that expect an increase. The rest were neutral.

"Overall, the weak U.S. economic outlook, concerns about adverse effects from the situation in Europe and an expected slowing in household spending were among the factors dampening sales prospects," the bank report states.

"Of those firms anticipating higher sales growth over the next 12 months,

Market moment

TSX	Dollar
	
+ 8.0 (12,197.00)	+ 0.39¢ (97.76¢ US)
Oil	Natural gas
	
- 25¢ US (\$101.31 US)	\$3.01 US (- 5¢ US)
	Gold
	\$1,608.10 US (+ \$8.70 US)

many cite plans for new product development or diversification into new domestic or external markets."

THE CANADIAN PRESS

Big. Screen



► Workers set up a flat screen display at the Samsung exhibit for the Consumer Electronics Show on Monday in Las Vegas.

JULIE JACOBSON/THE ASSOCIATED PRESS

The latest in electronics in Vegas

The 2012 International CES trade show, the world's largest consumer-electronics exhibition starts Tuesday.

104 If Iberia pilots strike again, it will force the Spanish airline to cancel another 104 flights, affecting 23,000 passengers in total.

Pilots plan to strike again

Spanish airline Iberia says it cancelled 109 flights on a third day of stoppages by pilots protesting the company's planned new bud-

et carrier. Iberia said it rescheduled most flights. Pilots union SEPLA says it will strike again Wednesday. THE ASSOCIATED PRESS

WINTER ONE DAY SALE!



*Thanks CW Travel
Best price + great service.
Who would believe you also
match my internet price!*

INTERNET PRICE MATCH
personal service included

**Exclusive
Specials you
won't find
anywhere else
for one day
only!**

ONE DAY SALE!

Tomorrow, from 9:00 - 9:00 PM

January 11th

Carlson Wagonlit Travel
OWNED & OPERATED BY
HARVEY'S TRAVEL

Lower Level, Spring Garden Place

425-3200

Bayers Lake Park, 120 Susie Lake Cres.

450-5140

www.cwtharveystravel.com

If you like music, you'll love Sonos



Wireless Home Music Systems starting at only \$329

Go to glubes.ca and click on 'PRODUCTS' for details and demo

Sonos is the only multi-room music system that allows music to be effortlessly and wirelessly streamed to every room in your home.

- Controlled by your PC/Mac, iPod, iPad, or Android device
- Access to your iTunes collection, over 100,000 free internet radio stations and a variety of streaming music services
- Multi-room system that's flawless, flexible & fun
- Setup that's out-of-the-box simple

SONOS

THE WIRELESS HIFI SYSTEM



Life is better outside the box.

100 Main St, Dartmouth
434-5511 • glubes.ca

IN DEFENCE OF STAYING IN

SHE SAYS ...

JESSICA NAPIER
METRO



bare calendar feels like the ultimate luxury.

While the gloomy stretch between the holidays and spring is an ideal time to be anti-social (read: broke and lazy), there are still plenty of people who will try and coerce you out of your sweatpants and into a taxi headed for a night out on the town.

Sure, a cocktail can be nice, and every good Canadian girl knows how to navigate icy sidewalks and snow banks in her least sensible heels, but as the temperature dips, the idea of going to a club or a bar or anywhere that isn't

your own living room becomes less and less appealing.

I think we should stop trying so hard to have fun and embrace these precious weeks of guilt-free hibernation while they last. I mean, do you really want to risk hypothermia just to spend another Saturday night covered in spilled drinks and other people's sweat, elbowing your way across a crowded dance floor and wondering, "Am I having fun yet?"

This winter, I've decided that staying in is the new going out. Instead of whining about frostbitten exposed limbs and overpriced mixed drinks, can we all agree to just stay indoors for the next few months?

Now, before you dismiss me as a friendless shut-in, give the idea of becoming a winter hermit a chance. Think of all the money you'll save, the calories you won't consume, the clothes that will go un-ruined. A few months of self-imposed

house arrest will do wonders for your wallet, waistline and probably your mental health.

You'll host board-game nights, learn how to cook your own meals, sort out your underwear drawer, actually read all those books you so proudly display on your coffee table and go to bed at a reasonable hour. If you're lucky, you'll have a fireplace and all of these indoor activities will seem 1,000 times better because of it.

Ultimately, all any winter hermit really needs is a few bottles of red wine and a subscription to Netflix. Perhaps if you're feeling really ambitious, you'll invite some low-key companions over to share that aforementioned wine and discuss how you actually don't miss going places and doing things at all.

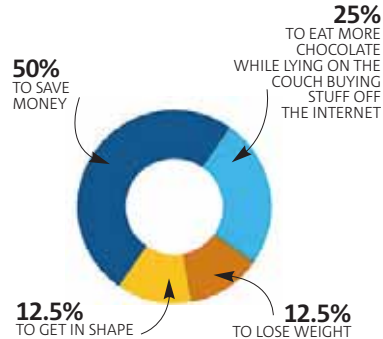
Read more of Jessica Napier's columns at metronews.ca/shesays

After weeks of office parties, festive get-togethers and family dinners, January provides a welcome relief from being overscheduled. With nothing to do and nowhere to go, a



Register at
metropolitanpanel.ca
and take the quick poll

This year your new year's resolution is...



Local tweets



► **@humpguin-nacho:** Nothing makes me

grateful to be alive like surviving the lane at the Windsor St exchange (Bedford bound) that ends abruptly.

► **@HilaryChoi:** Ew. The elevator in #MicMacMall smells like pee. Almost passed out in it. #Halifax

► **@Nicola319:** #Halifax Guess what year it is? May-or election year! Bye-bye Peter Kelly you showed Halifax your true colors in

2011! @OccupyNS

► **@John_Trask:** If I ever had a date to go on, I'd love to go to #Halifax Feast sometime.

► **@twisitheatre:** I love how the pigeons ALWAYS stand on Winston Churchill's head #halifax

► **@tairak:** Starting to notice the days getting longer!!! #summertimerules #halifax

► **@Cormier4011:** i'm closing out all of the stores in the halifax shopping centre...i didn't think i was THAT bad

Daily Zoom



Buried under a blanket of snow

Alaska town calls state for help

A house is buried in snow in the fishing town of Cordova, Ala., in this Jan. 7 photo.

Residents have turned to the state to help them dig out of massive snow levels that have collapsed roofs, triggered avalanches and even covered doors, trapping some people in their homes. Cordova is used to snow, but not like this. **THE ASSOCIATED PRESS**

Heavy, wet snow threatens homes

Officials said at least three buildings have collapsed or partially collapsed, and six homes are deemed severely stressed by heavy, wet snow.

The city has set up a shelter at a local recreation centre, but said people leaving homes in avalanche-risky areas have been staying with other residents.

THE ASSOCIATED PRESS

"We had no alternative but to declare an emergency. ... It became a life-safety issue."

CORDOVA MAYOR JIM KALLANDER

Quite a winter wonderland

The National Guard reported more than 5.5 metres of snow has fallen in the past weeks, although the National Weather Service did not immediately have a measurement.

"There's nowhere to go with the snow because it's piled up so high," said Wendy Rainney, who owns the Orca Adventure Lodge.

THE ASSOCIATED PRESS



METRO HALIFAX • 3260 Barrington St., Unit 102, Halifax NS • B3K 0B5 • T: 902-444-4444 • Fax: 902-422-5610 • Advertising: 902-421-5824 • adinfohalifax@metronews.ca • Distribution:

halifax_distribution@metronews.ca • Vice-President and Group Publisher, Metro Eastern Canada Greg Lutes, Managing Editor Philip Croucher, Sales Manager Dianne Curran, Distribution Manager April Doucette, Marketing Specialist Mike Beaton • METRO CANADA: President and Publisher Bill McDonald, Vice-President, Sales Quin Millar, Vice-President, Business Ventures Tracy Day, Vice-President, Marketing & Interactive

Jodi Brown, Editor-in-Chief Charlotte Eney, National Deputy Editor Fernando Carneiro, Managing Editor, News & Business Amber Shortt, Managing Editor, Life & Entertainment Dean Lisk, Managing Editor, Night Production Matt LaForge, Associate Managing Editor, News & Business Kristen Thompson, Art Director Laila Hakim, National Sales Director Peter Bartrem, Director, Marketing & Research Robyn Payne

Writer captures Maggie's mettle

► Screenwriter Abi Morgan ruffles feathers for her portrayal of Margaret Thatcher in the Iron Lady ► Says the film is a study of power and loss



► Screenwriter Abi Morgan says that Meryl Streep as Margaret Thatcher is 'absolutely dream casting.'



**RICHARD
CROUSE**

SCENE@METRONWS.CA

Margaret Thatcher, the longest reigning British Prime Minister of the 20th Century, remains a polarizing figure even though she hasn't held office since 1990.

She's a hero to some: Gloucester City Council leader Paul James calls her "the best prime minister there's been." But a villain to others: "She made all manner of cuts society is still recovering from," says Steve Lydon, branch secretary of Stroud Labour Party.

She is now the subject of *The Iron Lady* — a nickname Thatcher picked up from Soviet newspaper *Krasnaya Zvezda* — a biography starring Meryl Streep, written by Shame playwright Abi Morgan.

The film has already ruffled the feathers of Thatcher devotees. Tim Bell, a longtime associate of the former PM, called the movie a "non-event" and

"I think she is an absolutely fascinating actress and I felt incredibly reassured when I learned Meryl was going to play the part because I knew she would imbue that character with such humanity and such complexity."

IRON LADY WRITER ABI MORGAN ON THE CASTING OF MERYL STREEP

Tory loyalist Norman Tebbit commented that Thatcher was "never, in my experience, the half-hysterical, over-emotional, over-acting woman portrayed by Meryl Streep."

"It's not a documentary, it's not a social history, it's a drama," says Morgan on the controversy.

"I think if you see yourself as an artist, part of being an artist is to comment on your times. I feel it is a comment but it is a creative comment."

"I hope it's a humane and dignified portrayal. I think anybody can see it's not an attempt to sabotage."

"I feel it is as much the study of power, the study of loss and the study of the isolation of office and [be-

cause] Margaret Thatcher is an icon, a recognizable public figure, she was a way to filter those very powerful themes."

Morgan says those "themes and the ideas and the human story are bigger than the individual."

As written, the character of Thatcher is complex. The film first shows her long after her glory days and works backwards through her career highlights.

Meryl Streep plays her in various stages of her career.

"She is absolutely dream casting," says Morgan.

"There are, obviously, amazing British actors and one would have been lucky to work with any of

Abi Morgan

- British playwright and screenwriter born in 1968
- Morgan first wanted to be an actress, but after university took a postgraduate writing course instead
- She had her start writing plays for theatres in England
- She also co-wrote *Shame*, with Steve McQueen

them, but what was exciting to me about working with Meryl is that she's a complete shape shifter.

"I think she is an absolutely fascinating actress and I felt incredibly reassured when I learned Meryl was going to play the part because I knew she would imbue that character with such humanity and such complexity."

"She has such integrity, she just elevates the work."

How Phyllida Lloyd softened an Iron Lady

Considering the historical and controversial stature of Margaret Thatcher's 11-year run as the U.K.'s prime minister, it's surprising there hasn't been a major motion picture about her until now. But director Phyllida Lloyd is happy to get there first. Choosing to focus on the Thatcher of today, with her political career shown in flashback, Lloyd offers a softer, more sympathetic depiction of a woman still reviled by many.

Why do you think there hasn't been a film exclusively about Thatcher until now?

It is surprising. This movie's been a long time in development, and it began as a film about the Falklands War, and then [screenwriter] Abi [Morgan] came onboard and dropped this bombshell and said, "What about setting it in the present?" And I think from that moment everything flowed. I don't know why there hasn't been, to be honest.

Was the focus on her as an older woman part of an attempt to make her more sympathetic, since there is still so much animosity toward her?

In England, she's still one of the most divisive characters, and the debate about her policies and her legacy is really being largely stuck. There's one way of looking at her where she is the monster she-devil who ruined the lives of millions, and on the other hand she is Saint Margaret who rescued Britain from its post-war decline and put us back on the world stage. And there's very little you can find in between those two positions. What we wanted to do was go, "OK, that's all that. Let's just turn this thing upside down and look at it from a completely different point of view." We talked about it very much as a sort of *King Lear* for girls. It was a story of a mighty leader who was brought down partly by the enemy within and also by their own kind of hubris.

● NED EHRBAR

2

scene

Scene in brief



Elton John is writing his first book, a personal account of the AIDS crisis. The musician says *Love is the Cure: Ending the Global Aids Epidemic* will include memories of friends who died of AIDS-related illnesses, including Queen frontman Freddie Mercury. British publisher Hodder & Stoughton says the book will be published in July along with an audio book read by the British pop star. The U.S. publisher is Little, Brown.

Proceeds will go to the Elton John's AIDS Foundation. John said Monday the book would ask why more is not being done to cure the disease. He said AIDS "is a disease that must be cured not by a miraculous vaccine, but by changing hearts and minds, and through a collective effort to break down social barriers."

THE ASSOCIATED PRESS



Tom Hanks' futuristic web series *Electric City* to stream on Yahoo

Cakes over cankles for Jillian Michaels

► Personal trainer leaves The Doctors over difference of opinions

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



Jillian Michaels, the trainer we would least like to cross paths with in a dark alley, made a splash when she joined the hit syndicated show The Doctors this year as a co-host.

But, last week, after only half the season, she left the show. The split, she told Metro, had to do with cankles.

"It was like the relation-

ship that looks perfect on paper and when you got there it just was all wrong," she told us over the phone.

"They wanted me to do segments on cankles and I wanted to do segments on food desserts. I wanted to do exposés on how prisoners have better food than our children at public schools. It wasn't anybody's fault, it really wasn't. There's no hard feelings."

Michaels said she called one of the producers she was close to in order to end things.

"I said, 'Listen, I know that this isn't working for you guys, because you know I'm not happy and I



► Jillian Michaels

don't feel happy doing it, and my fans don't like me doing it and your fans don't like me doing what I wanna do, and you know let's just walk away amicably."

Food desserts? Public school cafeteria exposés? What is she doing, trying to reposition herself as a new Lisa Ling — but with biceps?



► Johnny Depp

Depp headed for breakup?

It may be trouble in paradise for Johnny Depp, as the relationship between the Pirates of the Caribbean star and Vanessa Paradis is reportedly on the rocks, according to Radar Online.

"Johnny isn't handling

anything well right now," a source says.

"People around him are worried about how Johnny is doing because he and Vanessa seem so fractured right now. Their relationship is heading toward the end." ● METRO

Take Me Home! Madaline

Madaline (or Maddy) is a declawed, long-haired, approx. 8 year-old female who was found outside in November; she'd clearly been trying to fend for herself for some time. Her hair was so matted we gave her an 'extreme' haircut.



Maddy has a favourite blanket & will sleep on your lap for hours. She is a bit overweight (15.2 lbs.) and does not like to be picked up or held. She is sensitive around her body but does like her neck & back stroked for short periods of time. Maddy would do best in a home with no young children due to her body sensitivity and is available for adoption at a reduced fee.

For more information on Madaline and other adoptable furry friends, visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 468-7877 or info@pas.spcans.ca

BROUGHT TO YOU BY:



278 Lacewood Drive
Clayton Park
431-8665



METRO IS A PROUD SUPPORTER OF ADOPT AN ANIMAL WITH THE SPCA

Maritime Travel
We Know Travel Best.

19th Annual
VACATION SUPERSTORE
Jan 14 & 15
World Trade & Convention Centre
Halifax, Nova Scotia
Saturday: 9:30am - 5:30pm Sunday: 10am - 5pm

Monster DOOR CRASHER specials!

SAVE BIG by booking at the show!

More TRAVEL EXPERTS Than Ever!

Over \$40,000 in prizes to be won!

The Two Hottest Days of Winter

Maritime Travel
VACATION SUPERSTORE
JAN 14 & 15
Halifax World Trade & Convention Centre
Saturday: 9:30am - 5:30pm Sunday: 10am - 5pm
Admission: \$8 in \$11 with this coupon
MCT2012

With every admission receive a free hotel room (quantity limited)

First 25 bookings each day receive a free carry on suitcase!

SPONSORS: Air Canada Vacations, Wing Vacations, SunLife, Travelocity, Expedia, Hotels.com, Lastminute.com, Orbitz, Priceline, TripAdvisor, Travelocity, Expedia, Hotels.com, Lastminute.com, Orbitz, Priceline, TripAdvisor

For the most up-to-date details, visit maritimetravel.ca



MICHELE TARAS

► Prostate cancer is expected to affect 25,000 Canadian men this year. About 4,100 men will die of it.

The faces of cancer

► Photo exhibit travelling across Canada to show exactly who prostate cancer has affected

CELIA MILNE
LIFE@METRONEWS.CA

Who gets prostate cancer? What do they look like? A new photo exhibit takes us into the inner world of this disease, showing us the fear, sadness, love, loss and hope that survivors and their families feel.

Prostate cancer got personal recently when

246,000 Canadians participated in Movember to raise money and awareness about the disease. Today, a photo exhibit called TIED Together begins in Toronto before going across Canada.

"The images illustrate the faces of prostate cancer — men of all ages and races and their families. It communicates that

prostate cancer doesn't just affect the man, but the whole family," says Rebecca von Goetz, executive vice president of Prostate Cancer Canada (PCC) in Toronto.

The exhibit was created by PCC in partnership with PhotoSensitive, an organization that calls attention — through black-and-white photogra-

phy — to social issues such as AIDS, First Nations literacy and natural disasters.

TIED Together includes more than 100 images and 10 video interviews with cancer survivors and their loved ones.

Included in the exhibit are pictures of Jack Layton, Pierre Trudeau and Alex Baumann.

The exhibit will show at

Brookfield Place in Toronto from Jan. 10 to 21. PCC is looking at future showings in Vancouver, Calgary, Edmonton, Winnipeg and Ottawa.

"As devastating a disease as it is, the images show hope and the strength that these survivors have to continue to enjoy life, despite its challenges," says von Goetz.

3

life

Gift pick

Bright eyes

Even with foundation, after too much partying there is one area of the face you can't hide: the eyes. LP Skin Therapy Untired eye cream firms skin to reduce the appearance of dark circles.

● METRO

LP SKIN THERAPY

\$55
lpskintherapy.com



Lower cutoff for lead poisoning raises awareness of how to protect kids

Taoist Tai Chi™ for me?

OPEN HOUSES:

Jan. 9 Mon: 7-8pm in Halifax and Dartmouth

12 WEEK BEGINNERS' COURSES:

Jan. 11 Wed: 9:30-11:30am in Dartmouth

Jan. 12 Thurs: 10-12noon or 6-8pm in Halifax

Jan. 16 Mon: 6:00-8:30pm in Halifax

6:30-8:30pm in Dartmouth

15 WEEK BEGINNERS' COURSE:

Jan. 11 Wed: 6-7:30pm in East Hants

2029 North Park St, Halifax

Enfield Legion, East Hants, (50 Old Enfield Rd.)

St. Peters Anglican Church Hall, 3 Dakin Cres.
(Off Kearney Lake Rd./Bedford Hwy)

80 Chateau Crescent, Dartmouth
(Forest Hills United Church)

650 Sackville Dr., Lower Sackville
(Acadia Community Hall)



Renovate Your Mind and Body



JOIN A COURSE TODAY! For all the details call 422-8142 • halifax@taoist.org • www.taoist.org



Capital Health

Do you take blood pressure medication and have Type 2 Diabetes?

Dr. Thomas Ransom is currently conducting a 12-week study of a new diabetes medication and its affect on blood pressure and blood sugar.

You may qualify if:

- You have Type 2 Diabetes
- You are currently taking blood pressure medication

If you are interested in hearing more about this important research, please contact: **Tabitha Palmer**, the Research Coordinator for Dr. Thomas Ransom at (902) 473-4198

www.cdha.nshealth.ca

A different today. A better tomorrow.

find us



follow us



like us

We're all over your city in more ways than one. Metro brings you breaking news and great reviews.

metro

metronews.ca

DOES SOMEONE YOU CARE ABOUT HAVE A GAMBLING PROBLEM?

Contact us to find out how you can be a part of a research study looking at the best way to help concerned family and friends.

www.helpmetoo.net • 1-866-299-4099

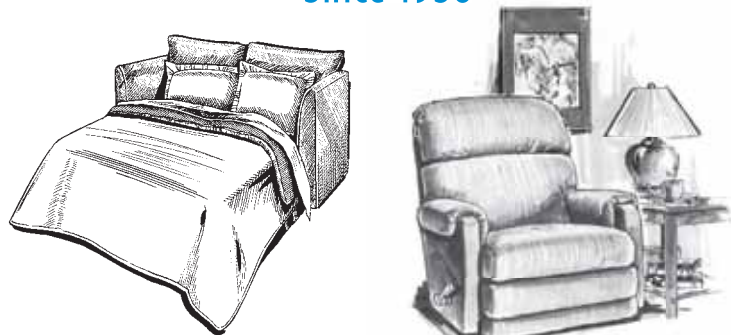


January Sale

NIEFORTH

Furnishers Ltd.

— Since 1938 —



Great deals on Sofa Beds (Simmons Queen, Double & Loveseat sizes) and Recliners (Klaussner and other great brand names!)

469-2401

35 Portland St, Dartmouth 469-2401
Mon-Fri 9:00-5:30 & Sat 9:30-5:00

FREE DELIVERY
WITHIN 30 MILES.

Best Health Minute



BONNIE MUNDAY,
EDITOR-IN-CHIEF,
BEST HEALTH
MAGAZINE

Check out our Swap & Drop Diet

I'm so excited about the launch of Best Health's first-ever diet book. Swap & Drop is not your typical diet – it's a no-diet diet. It's a sensible, balanced and very Canadian approach to getting slimmer and healthier (and staying that way beyond 2012) based on making small, easy changes to your daily habits that can really add up to dropped pounds.

The 12-week step-by-step, swap-by-swap plan from the team here at Best Health Magazine shows how to shed weight without denying yourself the enjoyment of food. Also, the book has an innovative Portion Checker, which includes visuals of food servings shown in actual size. This really takes the guesswork out of mealtime (for example, the book's pages actually show you how much pasta you should throw into the pot, and how big one



serving of meat really is).

Then there's a 12-week Meal Planner with more than 100 healthy, delicious recipes that do all the work of counting calories so you don't have to worry about it. Plus, there's a 12-week, day-by-day Walking Plan (along with easy toning exercises) to help you fit some easy, fat-burning fitness into your life.

The last section is one of my personal favourites: Restaurant Menu Swaps. We reviewed the menus

of 10 different fast-food and sit-down restaurant chains across the country, from Tim Horton's to East Side Mario's. This way, when you end up at one of these outlets, you know what you're getting into with some menu items.

It's \$29.95 and available wherever books are sold across Canada, and at besthealthmag.ca/swap.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH, GO TO BESTHEALTHMAG.CA/METRONews

Cancer cure on horizon?

► Pfizer receives backing for its trial of kidney cancer drug in Asia

Pfizer Inc., the world's largest drugmaker, has entered an agreement with drug developer SFJ Pharma Ltd. II to conduct a late-stage trial in Asia of Pfizer's potential kidney cancer treatment axitinib.

The study will focus on patients at high risk of recurrent renal cell carcinoma following a nephrectomy, or removal of the kidneys.

Pfizer, based in New York, is seeking Food and Drug Administration approval to market the drug for advanced renal cell carcinoma, the most common type of kidney cancer. Last month, a panel of FDA advisors voted unanimously that the benefits of the

Under review

Axitinib is also under regulatory review in Europe and Japan.

► Funding SFJ Pharma will provide funding and clinical development supervision for the late-stage trial in Asia.

drug outweigh its risks.

The FDA is not required to approve drugs backed by its expert panels, though it often does. It is expected to make a final decision on whether to approve the drug in the first quarter.

THE ASSOCIATED PRESS

Thoughts on ... Unknown

FEAR. How many times have you stopped short of pursuing some goal because of your fear of the unknown? How many times have you given up on something really important to you when it started to seem too hard, too scary or too stressful? Whether you're thinking about changing careers, or asking someone out on a date, life is fraught with experiences that challenge our willingness to face the unknown.

Facing the unknown means letting go of whatever illusions of control we have and embracing the true nature of life. As much as we want to believe that we can control life, the reality is, we can't.

NATASHA DERN IS THE HOST OF THE BUDDHA LOUNGE RADIO SHOW.

Le Bistro: Back & in fine form

▶ Having closed 10 years ago, this spot is once again serving old favourites

LUNCH RUSH

VALERIE MANSOUR
FOOD@METRONEWS.CA



Entering Le Bistro creates déjà vu. One of the hottest restaurants in town, it closed 10 years ago and has reopened after the disappointing demise of Trinity.

The decor is very much the same and, remarkably, the menu is as well.

I always loved the Seafood Minestrone



VALERIE MANSOUR

▶ Bistro Burger (\$10.95).

▶ **Le Bistro**
1333 South Park St.
423-8428
Quick solo lunch: Yes
Social lunch: Yes
Client negotiations: Yes
Price range: \$\$\$
Rating: 3.5 out of 5

(\$12.95) and as it turns out, I still do. It's no longer served in the cast iron pot, but it's still rich in flavour with a bit of zing. The serving looks small but it's densely loaded with scallops, shrimp and haddock,

along with a mix of penne, corn, celery, beans and carrots.

My pal's Bistro Burger (\$10.95) is excellent — a thick chunk of Angus beef adorned with melted aged cheddar, tomato, lettuce,

red onion and mustard mayo. It's accompanied by yummy thin fries, lightly flavoured with malt vinegar.

Our server is affable and the sun is shining in. Le Bistro is back.

Green Bean Casserole



THE CANADIAN PRESS H/O

A slow cooker is a wonder gadget to have during the winter season.

Here it is used to cook a green bean casserole.

Just combine the ingredients in the cooker and it's ready in three to four hours.

Preparation:

1 Combine all ingredients except almonds in a 2.5-l slow cooker. Cover and cook on low for 3 to 4 hours. Sprinkle with almonds.

THE CANADIAN PRESS/
CROCK-POT

Ingredients:

- 2 pkgs (each 280 g/10 oz) frozen green beans, thawed
- 1 can (284 ml/10 oz) condensed cream of mushroom soup, undiluted
- 15 ml (1 tbsp) chopped

- parsley
- 15 ml (1 tbsp) chopped roasted red peppers
- 5 ml (1 tsp) dried sage
- 2 ml (1/2 tsp) salt and pepper
- 1 ml (1/4 tsp) nutmeg
- 125 ml (1/2 cup) toasted slivered almonds

Mac & cheese goes Italian

MATTHEW MEAD/ THE ASSOCIATED PRESS

Italian Macaroni and Cheese



▶ This recipe serves eight.

Inspired by the Italian sub popular in the Northeast, this pasta sautées salami, garlic peppers, sun-dried tomatoes and onion.

The cheese sauce is creamy and sharp with a mixture of fontina and picante provolone.

Preparation:

1 Bring a large saucepan of salted water to a boil. Add pasta and cook according to package directions. Drain and set aside.

2 In saucepan over medium-high, sauté salami until crisped and browned, about 5 min-

utes. Add sun-dried tomatoes, garlic peppers and onion. Continue to cook until onion is very tender, 5. Add butter and stir until melted. Add flour and stir.

3 While stirring, pour in milk. Bring the mixture to boil, continuing to stir. Cook for 5 mins. Turn off heat and stir in fontina and provolone, one at a time, to ensure even melting. Stir in basil and cooked pasta. Season with salt and black pepper.

THE ASSOCIATED PRESS

Ingredients:

- 500 g (1 lb) orecchiette pasta
- 140 g (5 oz) dry salami, diced (about 250 ml/1 cup)
- 125 ml (1/2 cup) chopped oil packed sun-dried tomatoes
- 125 ml (1/2 cup) garlic peppers, diced
- 1 medium onion, diced

- 30 ml (2 tbsp) butter
- 45 ml (3 tbsp) all-purpose flour
- 625 ml (2 1/2 cups) milk
- 250 ml (1 cup) shredded fontina cheese and picante provolone cheese
- 125 ml (1/2 cup) shredded fresh basil
- Salt and black pepper, to taste



Find us on
facebook.



KOREAN RESTAURANT
Koo-E Nami
Royale Grill

ALL LUNCH SPECIALS \$7.89 11:30-3:00

10% STUDENT DISCOUNT
WITH VALID ID • AVAILABLE AT DINNER TIME ONLY

ALL YOU CAN EAT BBQ BUFFET \$29.95

425-4411
www.kookenami.ca
1535 Dresden Row Unit R-17

LOYALTY CARD
10th Lunch Free
10th Buffet 50%off

BURNSIDE

ROOMS from \$75

HOTEL

DINING ROOM & LOUNGE

2 NIGHT SPECIAL \$140

739 Windmill Rd, Dartmouth • 468-7117 • burnsidehotel.ca

Full Breakfast (daily)..... \$4.99

Daily Lunch Specials (Mon-Fri).....\$6.95

Smoking & Non-smoking Rooms Available

Great rates on Weekly and Monthly rooms

AN EPIC \$10K FALL

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

Last September I was hiking in St. John's, NL. While gawking at the ocean, I neglected to watch where my feet were headed and fell flat on my face. My fall resulted in whiplash, a concussion, a displaced jaw, scrapes and bruises. Since then, I've been seeking treatment from a slew of doctors, dentists, physiotherapists, chiropractors and massage therapists.

My road to recovery will take around one year and cost \$10,000. Unfortunately, like many Canadians, my medical insurance is limited and unlikely to cover even 25 per cent of my expenses. So, I'm now on the hook for a series of bills I

wasn't expecting. My injury is a classic example of why it is important to have emergency funds.

Experts recommend that every household has three months of salary tucked away in case of an emergency. This is a lot of money! To make saving less painful, build this fund over time through automatic contributions to a savings plan that earns interest.

Start by setting aside three to five per cent of your income; then increase it to six of or seven per cent when you're ready. Once you reach your savings goal, you can stop contributing.

Reduce the temptation to spend this cash by keeping the money somewhat accessible, but removed from your day-to-day spending. Consider putting it in a low-risk money market mutual fund, a GIC, or a high-interest savings account. Hopefully you'll never experience an emergency. But, if you do, you'll be prepared.

Rethink those RRSPs

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

This is the time of year when you tell yourself to save more and contribute more to your RRSP.

Yes to the first one but the second, perhaps not.

Certainly Canadians need to save more than the current rate of four per cent of income. However, the default destination for those savings, an RRSP, isn't necessarily the right one.

Anyone who is likely to qualify for the Guaranteed Income Supplement (GIS) after age 65 is better off with a non-registered investment account or a Tax Free Savings Account (TFSA). Mandatory RRIF withdrawals could result in a reduced or eliminated GIS.

Retirement ready?

- ▶ 96% of tax filers were eligible to contribute to RRSPs in 2010.
- ▶ 26% of tax filers contributed to RRSPs in 2010.

GIS eligibility is reduced as net income rises and disappears entirely at about \$16,000 for singles and \$21,500 for couples (Old Age Security does not count as income).

At the other end of the scale, those likely to have significant incomes after retirement from a combination of pensions, non-registered investments and other income could face not only a high post-retirement tax rate, but claw back of OAS and a reduction in their personal exemption.

The latter is not well known and can be a considerable shock. Though OAS



▶ Alison's money rule: Sometimes there are better ways to save for retirement than through RRSPs.

claw back doesn't kick in until a net income of around \$68,000, the age amount tax credit for those 65 and over will be reduced once net income reaches roughly \$33,000.

TFSA's are great alternatives for those wanting to save outside an RRSP. However, you can only deposit \$5,000 annually. Another alternative are non-registered investment accounts, though you will pay tax on income or capital gains.

A final "savings" alterna-

tive is to pay down debt.

Even though your interest costs may be low, every dollar you put on debt is a form of savings.

And last week I included details of a contest to win a one-on-one consultation with me. Unfortunately the link was not live. But it is now at my website, alisongriffiths.ca.

ALISON GRIFFITHS IS THE AUTHOR OF **COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY**. REACH HER AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM.

THE WORLD CAN BE A RUDE PLACE

Good day. I had to write in about adult manners. While my husband was parking our car over by Tags MicMac Mall, myself and youngest grandchild was waiting for him by the entrance of Winners. My

grandchild held the door open for about 100 adults and maybe five said thank you. The rest walked by and didn't even look at her. How do I explain this to my grandchild?

CHARLES THE BUTLER

ASKCHARLES
THEBUTLER@
METRONEWS.CAFOR MORE, VISIT
CHARLES
MACPHERSON.COM

I love your email, thank you!

I'm certainly not trying to make excuses for those people who did not say thank you, but it was five days before Christmas and I'm sure those shoppers were preoccupied with their Christmas shopping in a busy mall.

Some people say that when someone doesn't say thank you, you should say back in a loud stern voice 'you're welcome!' to make them aware of their mistake.

I understand why people want to do that, however I do not advise this because pointing out people's social mistakes publicly is not polite nor the gracious thing to do on



▶ The next time someone opens the door for you, please say thank you.

your part — two wrongs don't make a right.

But I do hear your frustration loud and clear. I promise I'm listening.

So what to tell your granddaughter? Well, the truth is first teaching her to always be polite and say thank you herself (I'm sure you have already done that).

Second, tell her the truth that some people in this world are rude and don't say thank you. This is going to happen to her in

life and she has two choices: stop being polite all together or just let it go.

Finally, know that, generally, when people are rude such as in these circumstances, they are not trying to purposely hurt her feelings, they just don't know any better.

Ultimately, I believe teaching her to be the example is the right thing to do.

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

101.3 THE BOUNCE
the 9 spot

Top 5: January 9th

- 5 Marianas Trench Fallout
- 4 T-Pain ft Lily Allen 5 O'Clock
- 3 Rihanna You Da One
- 2 LMFAO Sexy & I Know It
- 1 Katy Perry The One That Got Away

Weeknights at 9
Tessa counts down the **HOTTEST 5** songs that day!

1013THEBOUNCE.COM

SELL YOUR STUFF FOR FREE

HERE TODAY, GONE TOMORROW

For details: metroclassifieds.ca
1.800.527.6767

PUT YOUR PAWS ON CAREERBEAR

NEW WEBSITE AIMS TO SOLVE PROBLEM SURROUNDING FINDING DREAM CAREER

CareerBear.com, a new website, is the first in Canada to help people learn more about their dream careers and take steps to become what they want to be.

Many of us like to daydream — usually while at our current job — about other careers. Maybe you have thought about becoming a chef (you have always loved whipping up tasty improvisations for dinner), or a plumber (after

realizing how much it cost to fix that leak) or a pilot (because pilots are cool).

Many of these careers and others are often shrouded in mystery. For example, most people don't know how much a flight attendant makes, or what kind of training is required to become a paralegal. And even if you search around online, it's unclear from most websites how to take it to the next step if you

want to pursue that career.

CareerBear.com aims to solve this problem. First, you select a career — any of those mentioned above, plus more in the fields of skilled trades, IT, creative arts, business, etc. Then the site provides you not just with quick facts and articles about how to make your move, but also suggests programs and schools in your area.

For example, let's say you wanted to learn more about becoming a pharmacy assistant. The site's "quick facts" tell you that employment prospects are good (there are lots of open positions, plus aging demographics are expected to fuel demand for health services) and articles let you know more about the job and some required skills you may not have guessed (for example, pharmacy assistants apparently need "good manual dexterity").

In addition, CareerBear.com automatically detects your location and suggests relevant training opportunities closest to your city.

If you have ever thought about changing careers or want to learn more about a different path, the site is definitely worth checking out.

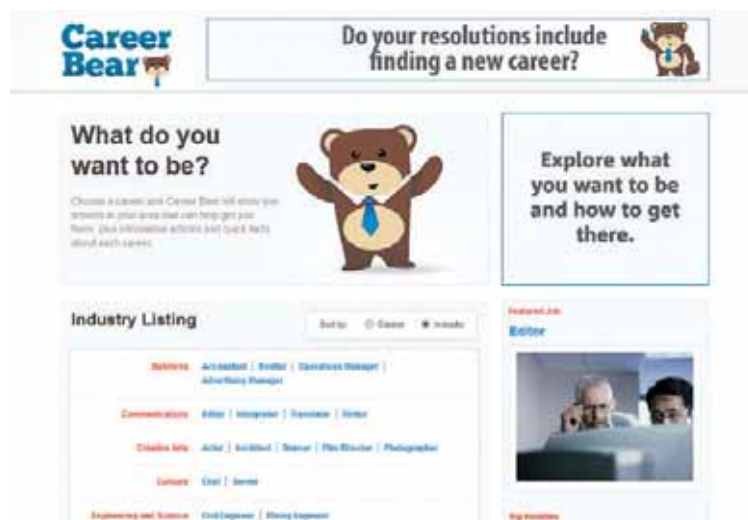


MANY CHOICES

CareerBear.com features more than 40 different careers, sorted either by name or by industry.

The site lists programs closest to major cities Vancouver, Edmonton, Calgary, Winnipeg, London, Toronto, Ottawa, Montreal and Halifax.

The site is totally free to use, supported by advertising.



Do your resolutions include finding a new career?

Explore what you want to be and how to get there.

Visit
CareerBear.com
to learn more



4
sports

Quoted



"He did everything he could. ... It just didn't work out with this group."

COLUMBUS BLUE JACKETS
GENERAL MANAGER SCOTT
HOWSON AFTER FIRING HEAD
COACH SCOTT ARNIEL, ABOVE,
ON TUESDAY.
THE BLUE JACKETS SIT 20
POINTS OUT OF A PLAYOFF
SPOT AFTER GOING 2-8-1
SINCE DEC. 15.

MoneyProvider.com
\$500 Loan
and more
No credit
refused
Fast, easy and secure
1-877-776-1660
www.moneyprovider.com

NEED MONEY?
✓ No credit checks
✓ Fast approvals
Call 1-866-499-5629
And get cash now!!
www.mynextpay.com

Marchand ban angers Bruins

► Boston GM 'very disappointed' after feisty forward's suspension ► 'He was advised that such an incident was not sanctionable if he was protecting his own safety,' says Chiarelli

The Boston Bruins say they are on board with Brendan Shanahan's efforts to police the NHL, but they learned Monday night they won't always see eye to eye with the league's director of player safety.

Shanahan's decision to suspend Bruins forward Brad Marchand five games for clipping Vancouver's Sami Salo in a hotly contested Stanley Cup rematch over the weekend drew a swift response from Boston general manager Peter Chiarelli who issued a statement less than an hour after the announcement.

"While we understand that the department of safety is an evolving entity, it is frustrating that there are clear comparable situations that have not been penalized or sanctioned in the past," he said. "It is equally disappointing that Brad sought the counsel of the department this past fall for an explanation and clarification regarding this type of scenario so as to adjust his game if necessary."

Shanahan addressed that claim directly in his video explanation of the event, claiming the Hammonds Plains native committed a "predatory" act by going low to flip the Canucks defenceman. Salo suffered a concussion on the play.

"While we understand that in certain circumstances a player may duck or bail instinctively in order to protect himself from an imminent, dangerous check, we do not view this play as defensive or instinctive," said Shanahan.

"Further, Salo is not coming at Marchand with



► Bruins forward Brad Marchand, right, hits Vancouver's Sami Salo in Boston on Saturday.

great speed nor in a threatening posture," he added. "He does nothing to indicate that Marchand is about to be hit illegally or with excessive force ... we do not consider this to be a defensive act where there were no other options available to Marchand."

Another important factor in the decision was the fact Marchand is consid-

ered a repeat offender. He was suspended two games in March 2011 for an elbow on R.J. Umberger and fined \$2,500 US earlier this season for a slow foot.

The Bruins agitator was a thorn in Vancouver's side during the Stanley Cup final last season and will forfeit \$152,439.02 in salary. He is eligible to return on Jan. 19. **THE CANADIAN PRESS**

War of words

There is still plenty of bad blood between last year's Stanley Cup finalists after Vancouver's 4-3 win in Boston on Saturday.

► Canucks coach Alain Vigneault said Sunday that some day Marchand's "going to get it." Julien

responded Monday morning.

► "Brad does play on the edge, but he's no dirtier than maybe two or three of their players," Julien said.

"I think in general after a game like that you see all the high-handed propaganda and I just feel the need to respond."

Hall of Fame nod makes sense to Larkin

Barry Larkin has been elected to baseball's Hall of Fame.

The former Cincinnati Reds shortstop received 495 votes (86 per cent) in balloting announced Monday by the Baseball Writers' Association of America, well above the necessary 75 per cent. Larkin was on the ballot for the third time after

30 In 1996, Barry Larkin became the first shortstop to have 30 homers and 30 steals in a season.

falling 75 votes short last year.

He will be inducted July 22 in Cooperstown along with the late Ron Santo, elected last month by the Veterans Committee.

"It's just amazing," Larkin said in an interview on MLB Network. "Last year I just started to smell it a little bit."

"The first year I didn't even think it was fathomable, to be quite honest."

Jack Morris was next with 382 votes (67 per cent), missing by 48 votes on his 13th try but up

sharply from 54 per cent last year. The former Toronto Blue Jays pitcher has two chances left on the BBWAA ballot.

Playing from 1986 to '04, Larkin hit .295 with 198 home runs, 960 RBIs, 2,340 hits and 379 stolen bases. He won the 1995 NL MVP award, three Gold Gloves and the 1990 World Series. **THE ASSOCIATED PRESS**



► Barry Larkin with the Reds in 2004.

Halak returns to his former habitat

► Canadiens' 2010 playoff hero returns to Bell Centre for first time

You can still find people in Montreal wearing T-shirts with Halak written on a stop sign that were the hottest item in town when the Canadiens went on a playoff roll two seasons ago.

Some think the Canadiens made their worst move ever when they dealt Jaroslav Halak to the St. Louis Blues just weeks after the playoffs to give the goaltending job to talented but then-underperforming prospect Carey Price.

That debate will be re-ignited on Tuesday night when the two goalies go head-to-head as the Blues make their first visit in two seasons to the Bell Centre. "I was hoping to get a game here and it's great that the coach (Ken Hitchcock) thought about me," Halak said Monday. "He's giving me the start and hopefully I can do my best and get a point or two."

"It's great I still have fans here. I appreciate it."

Brian Elliott was coming off a shutout in the Blues' win over Colorado Saturday. But Hitchcock didn't hesitate to announce Halak as his starter in Montreal.

Halak was king in Montreal in the spring of 2010. He was spectacular as Montreal came back from a 3-1 deficit in the opening round to oust first-place Washington.

Then they knocked off the favoured Pittsburgh Penguins to reach the conference final for the first time since their last Stanley Cup triumph in 1993, only to fall to the Philadelphia Flyers.

When the playoffs end-

"I felt I learned a lot of lessons during that time."

CAREY PRICE ON PLAYING BACK UP BEHIND JAROSLAV HALAK DURING MONTREAL'S 2010 PLAYOFF RUN

ed, Canadiens management was stuck between two talented young goalies.

They chose Price, and wasted no time sending Halak to St. Louis for prospects Lars Eller and Ian Schultz, causing an outcry heading into the 2010-11 season.

They were humbling times for Price and he was a fitter, better goaltender the next season as the starter.

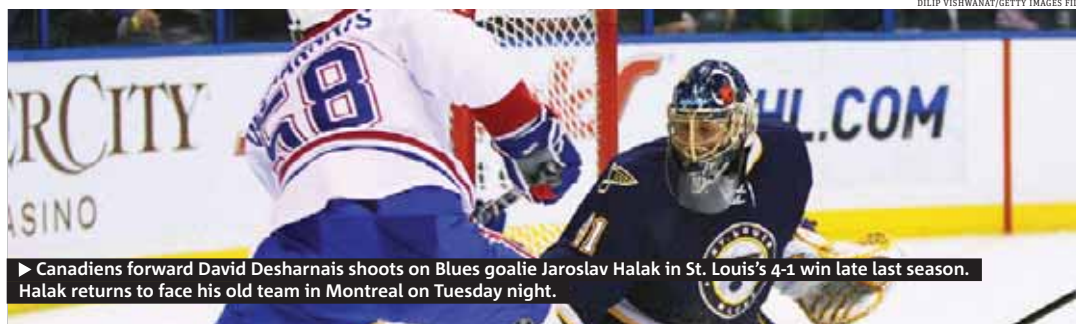
"Being able to watch for a while and seeing what I needed to do to be successful at that time really helped," said Price. "Being able to sit on the bench and watch probably benefited me."

With Price, the Canadiens made the playoffs again last season, and he was the one who ruled the crowd and came close to being a post-season sensation. But the eventual Cup-winning Bruins topped Montreal in overtime of game seven of the first round.

"It's never easy to not be the guy in there, but at the same time you learn a lot from watching about what it takes," Gorges said of Price. "And also it brings you a bit of humility — to understand that not everything is going to be handed to you."

"His work ethic has been on a whole other level since then and he's been a much better goalie because of it."

THE CANADIAN PRESS



► Canadiens forward David Desharnais shoots on Blues goalie Jaroslav Halak in St. Louis's 4-1 win late last season. Halak returns to face his old team in Montreal on Tuesday night.

WagJag.com DEAL OF THE DAY!



Buy For:
\$75

\$75 FOR 4 OIL PAINTING CLASSES FROM LYNDA DIAMOND PAINTINGS (A \$150 VALUE)

HIGHLIGHTS

- Classically-trained painter
- Intensive work in oil painting techniques
- Create landscapes, still lifes, portraits

Regular Price: 150.00

You Save: \$75.00

Discount:

50%

CURRENT DEALS



Buy For:
\$20

\$20 FOR 1-YEAR OF MEAL PLANNING FROM MENUFORTHEWEEK.COM (A \$48 VALUE)

HIGHLIGHTS

- On-time, on-budget dinner planner
- 7 family-friendly recipes per week
- Grocery list included
- 30-minute or less of active prep time



Buy For:
\$20

\$20 FOR 3 INFRARED SAUNA SESSIONS AT T-ZONE THERAPY (A \$60 VALUE)



HIGHLIGHTS

- Helps reduce stress and pain as well as lowering blood pressure
- Detox your body from built up pollutants and toxins
- Friendly, welcoming atmosphere

Visit:
WagJag.com

Hurry to WagJag.com to purchase local deals before time runs out.

Don't quite get it yet? Visit WagJag.com

Follow us on:  

facebook.com/wagjag @wagjaghalifax

Angels, Kendrick agree to four-year deal

► All-star second baseman could have been a free agent after next season ► Contract worth \$33.5 million

All-star second baseman Howie Kendrick agreed to a \$33.5 million US, four-year contract with the Los Angeles Angels on Monday, passing up a chance to hit the free-agent market after next season.

The move was the latest in a busy off-season spending spree for Angels

owner Arte Moreno and new general manager Jerry Dipoto.

The 28-year-old Kendrick batted .285 with a career-best 18 homers and 63 RBIs while committing just four errors in 140 games last year, earning a spot on his first AL all-star team. He was eligi-

ble for arbitration this off-season.

Los Angeles' payroll will be among the majors' biggest next season, with about \$130 million already committed to 15 players. The Angels added Albert Pujols with a \$240 million, 10-year deal, left-hander C.J. Wilson with a

\$77.5 million, five-year contract and reliever La-Troy Hawkins with a \$3 million, one-year agreement.

Dipoto has discussed a long-term contract extension with shortstop Erick Aybar, who also is eligible for arbitration. Third baseman Alberto Callaspo and

long-injured first baseman Kendrys Morales also are arbitration-eligible.

Kendrick was among the Angels' top prospects when he reached the majors in 2006, but his path to a contract extension wasn't linear.

He had only part-time playing duty in his first

three seasons, and the Angels sent him to the minors midway through the 2009 season after a prolonged slump. But Kendrick bounced back solidly late that season, and he has been a dependable everyday player for the past two years.

THE ASSOCIATED PRESS

metro**classifieds** To advertise, call:
1 800 527-6767

RENTALS

Shared Accommodation

1152 Queen Street - 1 bdrm Furn. Jan-Aug neg. Water Incl. New dishwasher, new laminate. Price is negotiable.
Chris 902.830.4334 or Matt 780.483.7753

MERCHANDISE

Public Auctions

AUCTION

In accordance with the Warehouseman's Lien Act, there will be sold by public auction the abandoned properties stored at Storage Inn Self Storage, 3490 Prescott St., Halifax, N.S. The auction will take place on **Wednesday, January 11, 2012** starting at 10:30 am at 3490 Prescott Street, Halifax, N.S. and at subsequent sales until sold. The personal effects and belongings of the following tenant will be sold:

Corinne Strangward Unit 1150
Kent Bonamy Unit 1273
Walter Coombs Unit 2160
Elizabeth Herriott Unit 1099
Items to be auctioned include misc. household goods, furniture, tools etc.

SERVICES

Psychics

SEPHIA'S PSYCHIC READINGS

Palm, tarot cards, help on all life problems, love, marriage, business, health, separation & depression **453-2315**

Mortgages

Goodey Paon
Home Owners Buried in Debt?
I can help!!
Bob Goodey of TMG Atlantic
(902)830-7079

Massage/Therapists

John Panter, Certified Rolfer™



Are you
tired of
chronic
pain...?

902 425 2612 • fareast@auracom.com



General Services

HOUSEHOLD SERVICES

Junk Removal

TIME TO TOSS IT
Debris removal, Estate clean-ups, small demos, unit clear-outs, basements, yards and construction - call 449-0232

Gotta old couch you wanna get rid of?

Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767

General Services

PATCHWORKS ASPHALT SERVICES
PAVE YOUR DRIVEWAY & SAVE!!

- We Build New Driveways
- We Repair Cracks & Pot Holes
- We Recoat Driveways
- We Build Gravel Driveways
- We Spray Seal Driveways
- All Work Guaranteed

FREE ESTIMATES
471-7277
SERVING ALL OF HRM • www.PatchworksPaving.ca 4919640

Community Events

Community Events

Grand Bridal Show

January 15, 2012
10-4pm

Cunard Centre (Pier23)
Halifax

www.atlanticweddingshowcase.com

Please visit our website
for more information.



Place your ad in
Metro classifieds
metroclassifieds.ca
1 800 527-6767



LOOKING FOR A NEW PAD?
Read metrohome every Thursday.



Sell Your Stuff For FREE! Call 1-800-527-6767

Limited space Available Size 1.535" X .542", Limit 1/day, 2/wk

\$1500 TRAVEL GIFT CERTIFICATE from TRAVELSTORE
\$1200 Firm
223-4820

Call: 1-800-527-6767 today
to book this space!
Size 1.535" X .542", Limit 1/day, 2/wk

FOR SALE
Hamilton Beach, Countertop
Convection Oven, Barely Used
449-9871

Jack Niclaus, Golden Bear Golf Clubs
Full Set with Bag
@200 Firm
223-4820

New, but used central vac system
with all the accessories
\$200
421-5826

Pink 2 Wheel Bicycle for Sale.
Suits age 5-10. \$125.
Call 405-0261.

3 Generators for sale
1 gas, 2 are diesel \$200 each
902-252-1761

All in one Stereo for sale
record player, 3 cd/dual
cassette/am/fm radio & 2 speakers
Like new \$60.00 902-457-4841

FREE!
Various Kids Toys
Edwena_hobeiche@hotmail.com

Limited spaces avail. Get yours today!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

NYPD Blue
Season 1 DVD
\$10
223-4820

TV for sale:
52" Toshiba Mint Condition
\$350.00
(902)402-6997

4 x 14" Winter Tires
Like new 175 70R 14"
used one season \$100
Call 440-5402 for more details

Don't wait until Spring, Sell Your Stuff
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

Home Elliptical
10 years old
\$50
Call 4010472

Mini PicFolio's Creative Memories
Brand. Green in Color
Holds up to 136 Wallet size photos
\$10 each. Call 471-7797

Older Model Dehumidifier
Works Great
449-9871

Your Free Ad Here!
Call: 1-800-527-6767
Size 1.535" X .542", Limit 1/day, 2/wk

Crossword

Across

- 1 Swiss peaks
5 Omega preceder
8 Old letter opener
12 Stead
13 Aries animal
14 Cut, as hair
15 Vend
16 Risque
18 Away from the Internet
20 Robust
21 Part of ESL
22 "— the ramparts ..."
23 Flowerless plants
26 Illegally ahead of the football
30 Bullring bravo
31 Diner order, for short
32 Collection
33 SUV's milieu, maybe
36 Ballroom favorite
38 Actress/author Sedaris
39 Rowing need
40 Part of Hispaniola
43 Eccentric
47 In the wings
49 Boleyn or Bancroft
50 El —, Texas
51 Sportscastr Cross
52 Little lice
53 Press
54 Chef Boy-Ar —
55 Tend texts

Down

- 1 As well
2 Gladly
3 Money
4 Morose
5 Time
6 Secure
7 Global currency org.
8 Uses Brillo
9 Troubles
10 Laugh-a-minute type
11 Agile
17 Staff leader?
19 Officeholders
22 Frequently
23 Egg-yung link
24 Sprite
25 Ump
26 Antiquated
27 Doctrine
28 Society newcomer

- 29 Greek vowel
31 Chesapeake, for one
34 Betrays
35 Leave out
36 U.K. fliers
37 Debonair
39 "The Three Faces —"
40 Kachina worshipper
41 Somewhere out there
42 In that case
43 Shrek, for one
44 Oklahoma city
45 Oppositionist

► Monday's answer

C	R	A	M		M	O	B		L	I	L	A
R	I	S	E		O	N	O		A	N	O	N
E	G	A	D		D	E	M	O	C	R	A	T
W	A	P	I	T		B	R	I	E	F	F	S
					C	A	F	E		B	E	T
D	E	M	O	L	I	S	H		R	U	D	E
I	R	E	L	E	T	I	N		R	U	R	
S	A	S	H		D	E	M	E	A	N	O	R
					D	U	B		E	A	V	E
A	D	A	G	I	O		L	E	N	G	T	H
D	E	M	E	N	T	I	A		E	U	R	O
A	L	E	S		I	V	Y		A	R	E	S
M	I	S	T		S	E	A		S	U	E	T

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Monday's answer ►

2	6	5	1	4	7	9	3	8
1	3	4	8	9	2	5	7	6
9	7	8	3	6	5	2	1	4
7	5	3	6	1	8	4	2	9
6	8	9	4	2	3	7	5	1
4	2	1	5	7	9	8	6	3
5	1	7	9	3	4	6	8	2
3	9	2	7	8	6	1	4	5
8	4	6	2	5	1	3	9	7

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Smor, You are the type of person I would like to call smor! Always making me laugh-a good quality to have. Love it when you protect me during our occasional walks, if you know what I mean. LOL. I probably made you do things you would have never done yourself so here is to us and for more crazy adventures together. Love you babes! FROM CECI

St. Joseph of Cupertino, Thanks for your help during exams! We really appreciate it, especially since we know how busy you are around that time of the year. FROM ANIA & MADZIA

Cliff, Hey Cliff if you see this don't give up on contacting me. I can't answer ur texts because I lost my phone. And we have no other way to find eachother so please keep trying till i get everything worked out. FROM UNITY GIRL

Today's horoscope

♈ Aries March 21-April 20

You may find it difficult to focus today. But that's OK. Variety is good for you.

♉ Taurus April 21-May 21

People you live and work with will have you running in all directions today. Know when to say "no".

♊ Gemini May 22-June 21

According to the planets, you are reading too much into what is really a perfectly normal situation.

♋ Cancer June 22-July 22

You need to find a way to let off steam without turning people against you. Yes, OK, you have a right to be angry but you also need to think about your reputation.

♌ Leo July 23-Aug. 23

What annoys you are trivial things that are simply not worth getting worked up about. Ignore insignificant issues today.

♍ Virgo Aug. 24- Sept. 22

People expect you to speak your mind and you certainly won't let them down over the next 24 hours.

♎ Libra Sept. 23-Oct. 23

A breakthrough may be closer than you realize.

♏ Scorpio Oct. 24-Nov. 22

Avoid getting involved in disputes that have nothing to do with you.

♐ Sagittarius Nov. 23-Dec. 21

You may be tempted to place your trust in a friend of a friend,

For today's crossword answers and for expanded horoscopes, go to metronews.ca

simply because they act and sound so confident, but is that such a good idea?

♑ Capricorn Dec. 22-Jan. 20

Not everyone takes life as seriously as you, so don't be surprised if something you live or work with fails to see the gravity of your current situation.

♒ Aquarius Jan. 21-Feb. 18

Someone, somewhere is sure to feel the edge of your tongue today.

♓ Pisces Feb. 19-March 20

Don't get uptight if someone whose support you can usually rely on fails to help you today. They have their own life and their own issues. SALLY BROMPTON

Caption contest



KEYSTONE/URS FLUEELER/THE ASSOCIATED PRESS



You write it!

WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Monday's Metro.

FLIGHT CENTRE Unbeatable

Varadero
7 Nights 4-Star All-inclusive

\$715
from

+ taxes & fees \$289

UPGRADE to the 5-star Riu Varadero from \$22 per night.

1 866 967 5402 | flightcentre.ca

Conditions apply. Ex. Halfpax. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change.

KISS & TELL WITH METRO KISS

Tell your friends, family or that secret crush just how you feel with a Metro Kiss... then share it with the world through Facebook and Twitter.

All kisses will appear online and a selection will appear in print too!

Visit metronews.ca daily to see who loves whom, or...who loves you!

**SALE ENDS
JANUARY 31ST**

THE **KIA**

ADVANTAGE

SALES EVENT

Visit kia.ca to learn more.



0% FINANCING ON ALL 2012's**

PAY

UNTIL SPRING
ON SELECT MODELS



Soul 4u luxury shown

TOP SAFETY PICK 2012
INSURANCE INSTITUTE FOR HIGHWAY SAFETY

THE **KIA ADVANTAGE** HEATED FRONT SEATS ESC ELECTRONIC STABILITY CONTROL

SOUL HWY: 5.6L/100KM CITY: 7.4L/100KM

OWN IT FROM \$112⁺

bi-weekly for 60 months amortized over 84 months. \$5,632 remaining balance. Includes delivery and destination, and PPSA.

\$0 DOWN PAYMENT

AT **2.99% APR**



Rondo EX-V6 shown

7 PASSENGER SEATING AVAILABLE

THE **KIA ADVANTAGE** AVAILABLE HEATED MIRRORS ESC ELECTRONIC STABILITY CONTROL

RONDO HWY: 7.5L/100KM CITY: 10.6L/100KM

0% FINANCING APR** **FOR UP TO 72 MONTHS** **PLUS \$750 IN LOAN SAVINGS***



Sorento SX shown

7 PASSENGER SEATING AVAILABLE **TOP SAFETY PICK 2012**
INSURANCE INSTITUTE FOR HIGHWAY SAFETY

THE **KIA ADVANTAGE** HEATED MIRRORS HEATED FRONT SEATS ESC ELECTRONIC STABILITY CONTROL

INTRODUCING THE NEW 2012 SORENTO HWY: 6.2L/100KM CITY: 9.5L/100KM

OWN IT FROM \$154⁺

bi-weekly for 60 months amortized over 84 months. \$7,877 remaining balance. Includes delivery and destination, PPSA and up to \$1,750 in loan savings*

\$0 DOWN PAYMENT

AT **1.49% APR**

\$1,000 loan savings and \$750 loyalty bonus* for existing Kia customers.



WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty



Proud Partner **madd**
Saving Lives, Supporting Victims

WIN A ONCE-IN-A-LIFETIME TRIP TO UEFA EURO 2012™

FACEBOOK.COM/KIACANADA



Atlantic **Kia** dealers for Atlantic drivers.

Offer (b) available on all new 2011 and 2012 models through participating dealers to qualified customers who take delivery by January 31, 2012. Dealers may sell for less. Some conditions apply. Retailer order/trade may be necessary. Offers are subject to change and may be extended without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades. All offers exclude licensing, registration, insurance, other taxes and dealer administration fees. Other dealer charges may be required at the time of purchase. Other lease and finance options also available. Dealers are free to set individual prices. Certain restrictions may apply. **0% purchase financing is available on all 2011 and 2012 Kia models on approved credit (OAC). Terms vary by model and trim. See dealer for details. Representative financing example based on 2012 Rondo (RND5C) with a selling price of \$19,995, financed at 0% APR for 72 months. Monthly payments equal \$271.71 with a down payment/equivalent trade of \$0. Cost of borrowing is \$0. For a total obligation of \$19,995. Delivery and destination fees (\$1,650) and PPSA (\$79) are included. Other taxes, registration, insurance, licensing and dealer fees are excluded. Retailer may sell for less. See dealer for full details. *Don't Pay Until Spring: on select models (90-day payment deferral) applies to purchase financing offers on select 2011 and 2012 models on approved credit (OAC) (Sportage/Sorento/Selena/Borrego excluded). No interest will accrue during the first 60 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. *Bi-weekly finance payment for 2012 Sorento LX (LX CR75BC/2012 Soul (SO551C) based on an MSRP of \$26,395/\$16,595/\$15,412 with an APR of 1.49%/2.99% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of \$18,777/\$5,632 plus applicable taxes due at end of 60-month period. Offer includes a loan credit of \$1,750 (2012 Sorento) and delivery and destination fees (\$1,650) and PPSA (\$79) are included. Other taxes, registration, insurance, licensing, and dealer fees are excluded. See dealer for full details. **Loan savings towards the purchase or lease of a new 2012MY Sorento. Loan savings for 2012 Kia Sorento LX AT (CR75BC/2012 Kia Rondo (RND5C) is \$1,750 (includes \$1,000 loan savings and \$750 loyalty bonus*)/\$750 loan savings and is available on purchase financing only on approved credit (OAC). Loan savings varies by model and trim. *Loyalty Bonus offer available on 2012 Kia Sorento at a value of \$750 for any current Kia owners towards the purchase or lease of a new 2012MY Sorento. Loyalty Bonus offer applicable to cash purchase, lease and purchase financing only before January 31, 2012. Offer is transferable within same household only (must provide proof of address). Limit of one bonus per customer or household. Certain restrictions apply. See dealer for details. **2012 Kia Sorento/LX awarded the Top Safety Pick by the Insurance Institute for Highway Safety. Visit www.iihs.org for full details. *Highway/city fuel consumption of these vehicles may vary. These estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada publication *EnerGuide Fuel Consumption Guide*. Some conditions apply to the \$500 Grad Rebate Program and \$750 Kia Mobility Program. See dealer for details. Information in this advertisement is believed to be accurate at the time of print. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia Canada is the official automotive sponsor of Mothers Against Drunk Driving (MADD) Canada. Kia and FlexChoice are trademarks of Kia Motors Corporation.